



**POST-GRADUATE DIPLOMA  
ADOLESCENT HEALTH & ADVOCACY**



**The Department of Child and  
Adolescent Health  
Faculty of Medical Sciences**

**The Department of Child and  
Adolescent Health  
Faculty of Medical Sciences  
The University of The West Indies,  
Mona**

**Contact us at  
Phone: 876-927-1446**

**Or**

**Email:  
childhealth@uwimona.edu.jm**

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**POST-GRADUATE DIPLOMA  
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## ADOLESCENT HEALTH & ADVOCACY

The post-graduate diploma programme in Adolescent Health & Advocacy will provide health practitioners, social workers, educators, policy makers, legal and correctional providers and other persons with a vested interest in the well-being of adolescents, with the requisite knowledge and skills to improve the delivery of adolescent care throughout the region.

**Aim:** To build capacity in the application of adolescent development and health, communication skills and advocacy to optimize the healthcare and systems delivery for adolescents in the Caribbean region and beyond.

**Objectives:** On successful completion of the programme, participants should be able to:

- communicate effectively with adolescents and young adults
- have enhanced understanding of the Caribbean adolescent and young adult and the issues that may affect their social, physical and mental health
- critically appraise adolescent health systems
- formulate innovative/creative interventions to improve adolescent health service delivery

**Programme Delivery:** The course will be offered as a blended programme utilizing face-to-face as well as cross-campus on-line distance learning.

Didactic presentations, group discussions, use of instructional videos, individual / group presentations and role play activities will be utilized.

**Criteria for admission:** Applicants to the programme must be graduates of an accredited University, having successfully completed an undergraduate programme in a health-related field or other relevant areas, such as education, legal reform etc.

Persons with professional or technical qualification of special relevance to the course and have had at least five (5) years of relevant practical experience may also qualify for admission to the programme and may be required to participate in an interview for this purpose.

It is preferable that applicants have a strong academic background to ensure successful completion of the programme.

**Duration of Programme:** 2 semesters (September and January semesters)

Credits earned: 24 credits (12 credits per semester)

### Course Outline

#### Semester 1

Course 1: Introduction to Adolescent Health

Course 2: Public Health and Policy for Caribbean Adolescent Healthcare

Course 3: Sexuality and Sexual Behaviour in Caribbean Adolescents

Course 4: Risk and Resiliency - Mental and Emotional Health

#### Semester 2

Course 5: Human Rights, Advocacy, Law and the Caribbean Adolescent

Course 6: Adolescent Health Care Systems in the Caribbean: Options and Opportunities

Course 7: Interventions to Improve Adolescent Health in the Caribbean